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HSAs and 401(k)s: Better Together

A common misconception is that individuals have a set amount of funds that they can put aside for retirement, and that they will have to choose between the 401(k) and the HSA. A recent study found that people using both a 401(k) and an HSA had a higher savings rate



There has been progress in terms of individuals saving and investing more HSA funds. However, educating individuals about the bene ts of an HSA and how it ts into a holistic retirement strategy is an ongoing process. In the rst quarter of 2017, HSA Bank saw a 100 percent increase in HSA dollars moving from the FDIC-insured cash account into self-directed investments when compared to the same quarter a year earlier.

This is an early indication that more accountholders are turning to HSAs to help support their long-term savings goals. According to the most recent Devenir industry report, HSA investments across the industry saw year over year growth of 29 percent, reaching an estimated \$5.5 billion in December 2016.

## About the Authors

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Chad serves as an Executive Vice President of Webst Bank and Head of HSA Bank, where he is responsib for leading the organization and its people toward sustainab growth well into the future. Chad joined HSA Bank in 20<sup>o</sup> bringing with him more than 25 years of experience the banking and health insurance industries. Chad ha a consistent history of achievement in sales leadership relationship management, product management, P8 leadership, and employee engagement throughout his role